## REMARKS BY

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AT

## CENTENNIAL SYMPOSIUM PROMOTING HEALTH/PREVENTING DISEASE 100 YEARS AND STILL SERVING

**JANUARY 6, 1989** 

OF THE HEALTH SCIENCES

BETHESDA, MD

## THE CENTENNIAL SYMPOSIUM

## A CENTURY OF SERVICE WITH DISTINCTION -AND STILL SERVING

AS I PREVIEWED THE AGENDA FOR THE 2 DAYS

OF THIS CENTENNIAL SYMPOSIUM, I WAS REMINDED,

ONCE AGAIN, OF THE VAST BREADTH AND DEPTH OF

THE UNITED STATES PUBLIC HEALTH SERVICE.

FROM THE FRONTIERS OF LABORATORY SCIENCE
TO THE FRONTLINES OF SERVICE DELIVERY, THE

MISSION OF THE USPHS CONTINUES TO BE THE IMPROVEMENT AND ENHANCEMENT OF THE HEALTH OF ALL CITIZENS.

SINCE ITS FOUNDING BY PRESIDENT JOHN

ADAMS IN 1798, THE PUBLIC HEALTH SERVICE HAS

BEEN THE SYMBOL OF THE NATION'S EFFORT TO

PROTECT PEOPLE FROM DISEASE. INTEGRAL TO

THIS MOVEMENT HAS BEEN THE COMMISSIONED

CORPS, A CADRE OF CAREER OFFICERS

REPRESENTING THOSE HEALTH PROFESSIONS THAT

ARE ESSENTIAL TO MEETING THE CHALLENGES OF A

GROWING NATION.

TO ACCOMPLISH THIS MISSION, PHS PROGRAMS

ARE DESIGNED -- :

- O TO DEVELOP KNOWLEDGE THROUGH BIOMEDICAL,
  BEHAVIORAL AND HEALTH SERVICES RESEARCH,
  LEADING TO THE PREVENTION AND TREATMENT
  OF DISEASE
- O TO CONTROL AND PREVENT DISEASE
- O TO IMPROVE THE MENTAL HEALTH CARE SYSTEM

- O TO ASSURE SAFE AND EFFECTIVE DRUGS AND
  HEALTHFUL FOODS
- O AND TO EXPAND HEALTH RESOURCES.

TODAY'S PROGRAM TAKES ITS ROOTS FROM

HEALTHY PEOPLE: THE SURGEON GENERAL'S REPORT

ON HEALTH PROMOTION AND DISEASE PREVENTION,

ISSUED IN 1979 BY MY PREDECESSOR, DR. JULIUS

RICHMOND. THIS WAS FOLLOWED BY OBJECTIVES OF

THE NATION WHICH I'M DELIGHTED TO SAY HAS

CEEN INSTITUTIONALIZED -- WE ARE NOW SETTING

GOALS FOR 2000.

HEALTHY PEOPLE WAS A CALL FOR A SECOND
PUBLIC HEALTH REVOLUTION AND IT CONTINUES AS
A CHALLENGE FOR OUR NATIONAL COMMITMENT TO
GOOD PERSONAL HEALTH HABITS.

NEXT WEEK I WILL RELEASE THE 25TH

ANNIVERSARY SURGEON GENERAL'S REPORT ON

SMOKING AND HEALTH.

AS YOU KNOW, THE ILL EFFECTS OF SMOKING
ON AN INDIVIDUAL'S HEALTH IS A PARTICULAR
CONCERN OF MINE. THE CAMPAIGN AGAINST
SMOKING IS IMPORTANT BECAUSE IT DEMONSTRATES

THAT WE CAN REVERSE THE TRENDS OF A DEEPLY INGRAINED AND PUBLICLY SANCTIONED BEHAVIOR, TO SAY NOTHING OF AN ADDICTION, IF WE MAKE A CONCERTED EFFORT TO INFORM AND EDUCATE THE PUBLIC.

EFFECTIVENESS OF PREVENTION. ACCORDING TO
THE OFFICE OF TECHNOLOGY ASSESSMENT, IF JUST
ONE HEAVY SMOKER QUITS, SOCIETY SAVES BETWEEN
\$9,000 AND \$41,000. IN FACT, IT HAS BEEN
SAID THAT MAKING THIS A SMOKE-FREE NATION MAY
HAVE AS GREAT AN IMPACT ON HEALTH CARE COSTS
AS ANY OTHER SINGLE HEALTH INITIATIVE.

WE ARE IN THE PROCESS OF EVALUATING HOW WE'VE DONE WITH RESPECT TO THOSE GOALS AND OBJECTIVES THAT WE SET FOR OURSELVES IN 1980 TO ACCOMPLISH BY 1990.

- O WE HOPE TO REDUCE INFANT MORTALITY TO FEWER THAN 9 DEATHS PER 1,000 LIVE BIRTHS.
- O TO IMPROVE CHILD HEALTH AND REDUCE DEATHS

  AMONG CHILDREN AGES 1 TO 14 TO FEWER THAN

  93 PER 100,000.

- O TO REDUCE THE DEATHS AMONG PEOPLE AGES 25
  TO 64 TO FEWER THAN 400 PER 100,000.
- O AND, FOR OLDER ADULTS, TO REDUCE THE

  AVERAGE ANNUAL NUMBER OF DAYS OF

  RESTRICTED ACTIVITY DUE TO ACUTE AND

  CHRONIC CONDITIONS TO FEWER THAN 30 DAYS

  PER YEAR.

WHILE THE FIRST CENTURIES OF THE PUBLIC
HEALTH SERVICE WERE NOTEWORTHY BECAUSE IT
OVERCAME AND CONTROLLED THE SPREAD OF

COMMUNICABLE DISEASES, THE HEALTH PROBLEMS OF THE COMING THIRD CENTURY WILL NEED TO ADDRESS ISSUES WHICH REQUIRE THE PARTICIPATION OF AN INFORMED AND HEALTH-CONSCIOUS CITIZENRY.

BUT YOU WILL PROVIDE THE GUIDELINES. IN THIS ENDEAVOR, I WISH YOU GOD SPEED -- AND HAVE A GREAT MEETING.